



NEWSLETTER

NO 1 2023

Centre News

Welcome to 2023 at the Port Douglas Neighbourhood Centre. Hope everyone enjoyed a fabulous Christmas and New Year and you are all ready for a busy & productive year.

Exciting things have been happening around the centre with the installation of solar thanks to a grant from the NAB Foundation.

The NicNak Shed had an extended closure to do a refurb before re opening on Friday January 13th. Feedback on the new look has been amazing and sales have been really steady since opening. A much more spacious and appealing space has had shoppers excited about their visit and there are lots of fabulous things for sale instore. Thanks to Geoff, Belinda, Terry, Tracey, Fernando, Ramesh, Jacki, Kim, Chris, Brad and all the other volunteers who helped in some way with the reno and thanks to everyone who attended the Fashion Parade, your support has made the renovations possible.

The bigger brother to the Tiny House has arrived and with a glass sliding door being added as well as Air Conditioning. The space has now been transformed into an office at the front and a nice cool space at the back where NicNak Shed volunteers can comfortably continue the never-ending job of sorting through donations.

Construction of new garden beds at the Hub have been completed giving the kids somewhere to grow vegetables. The front area of the Hub has also received a make-over with new pavers and a sitting area planned including a memorial bench in honour of our late New Parents Group Volunteer Leader Nana Marg.

Staff Training & Planning Day was held on March 16th. It was a very successful day with many fantastic ideas being put forward to help move the Centre into the future. Everyone was given the chance to say what they were most proud of and there were some really fabulous achievements especially considering the ups and downs the pandemic has thrown at us over the last 3 years. The day ended with a presentation of the days outcomes to the Management Committee followed by a Cruise on the Lady Douglas with staff, Committee and partners enjoying a bit of Croc Spotting.

The International Women's Day Lunch at Salsa was a great success with nearly \$5000 raised to go towards our family counselling program. Thank you to everyone who attended this great event.

What's On

MON: Play Group: 0-5
9.30am-11.30 am

MyGov Assistance with Julie
9.00am-12.00pm by
appointment

Sound Therapy with Russell
1st Monday of the month
10.00am-11.30am

Kikoh Yoga fortnightly
2.00pm-3.00pm

TUES: Play Group 0-5
9.30am-11.30am

Games Group
1.00pm-3.00pm

Tai Chi all abilities
1-hour appointments
1.00pm-4.00pm

WED: Men's Breakfast 8.30am-
10.00am

Play Group 0-5
9.30am-11.30pm

Fortnightly Foodies
11.00am-12.00pm

Coles Second Bite bread &
more subject to availability

Oz Harvest Food Relief
9.00am till it's all gone

Get Creative Arts & Crafts
1.00pm-3.00pm

THURS: New Parents Group
10.00am-12.00pm

Maternal & Child Health Nurse
9.00am-12.00pm

Appointments 4084 1200

Original Book Club Monthly
Return Bus to Cairns Last

Thursday of every month leaves
PDNC @ 9.00am

\$10 members \$15 non member
FRI: Boomerang Bags:

9.30am-11.30pm

Page Turners Book Club
Monthly

Table Tennis/Pickle Ball @ Port
Douglas Community Hall
1.00pm-3.00pm

Coles Second Bite bread &
more subject to availability

Morning Visiting Services

Monday

Justice of the Peace Service

10.00am-12.30pm

Busy at Work

0456 639 930

Tuesday

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0456 639 930

No Interest Loans Outreach @

Mossman Gorge O-Hub

9-12:30

Wednesday

Audika (Fortnightly)

9.00am-1.00pm

No Interest Loans Outreach

@ Mossman Library

10.00am-12.30pm

Thursday

Domestic Violence Support
Services

9.00am-12.30pm- 1300 909 250

Friday

Australian Hearing (fortnightly)

9.00am-1.00pm

Afternoon Visiting Services

Tuesday

EPIC Assist Australia

11.00am-2.00pm

Wednesday

Audika (Fortnightly)

1.00pm-4.00pm

Thursday

Domestic Violence Support
Service

1300 909 250

Friday

Workways

10:00am -4.00pm

Volunteer News

Our Super Dooper all-round handyman, Breakfast Chef, Test & Tagger & Sausage Sizzle King Terry unfortunately had an accident in wet conditions at the Neighbourhood Centre earlier this year. He had surgery last month, but he still has a long recovery ahead of him including Physio. We hope to see Terry back on his feet as soon as possible. Terry has been very much missed around the Centre by all the staff and the Men's Breakfast and although he has popped in a few hours to do some tagging and we can't wait to have him back in action on a more regular basis.

Volunteer Appreciation Lunch

As part of Volunteer week, a volunteer appreciation lunch was held at the Centre on April 18th. It was a great turn out with lots of our wonderful volunteers enjoying a fabulous lunch catered for by staff members Belinda, Megan and Chrissie. Geoff cooked up a storm on the BBQ cooking sausages and burgers to compliment the lovely salads & desserts that the girls made. It was great to get so many volunteers together to celebrate and acknowledge their wonderful contribution to our fabulous Neighbourhood centre which is a real asset to our local community. THANK YOU TO YOU ALL!



Open Day

The Port Douglas Neighbourhood Centre held a hugely successful Open Day which was held at the Port Village Shopping Centre on May 11th.

The Centrally located position in the middle of town attracted lots and lots of people passing through and many engaged in some of the wonderful activities going on.

The Petting Zoo was a huge success as well as activities such as Thai Chi, Sound Healing, Pickle Ball, Face Painting, a kids Playdough station, The Giggles, Shaun Creek on the Didgeridoo and other very talented local musos including Jill the MC & singer Medihana.

The NicNak Shed had a Pop-Up Shop as well as booths set up by the Centre to showcase our Nils Programme, Neighbour Centre Activities, Programmes and Membership, Douglas Grass Roots Volunteer Network, U3A group.



Trivia Night

On Wednesday May 17th @ The Central Hotel we held a fundraising Trivia Night. The night was very successful and was full of fun, smart thinking and a wealth of general knowledge with tables competing against one another.

Chrissie & Belinda did a great job organising the event with some really great questions and some fabulous raffle prizes.

The event was attended by over one hundred people and raised over \$3000. The funds raised will be going towards installation of a sail at the front of the Centre to keep volunteers & service users out of the elements when Oz Harvest is in operation.

