



# NEWSLETTER

AUGUST/SEPTEMBER 2022

## Centre News

Friday 26<sup>th</sup> of August saw another huge working bee at the Centre with approximately 40 workers from B & D Burgin & Doyle Group volunteering their time and services to paint the NicNak Shed, as well as supply new toys & equipment to the Hub and do some gardening. Participants also made over \$1200 in cash donations. A big thank you to everyone involved.



A Palm Frond Hat Weaving and afternoon tea was held on the 22<sup>nd</sup> August with 92 year old Snow teaching the art of hat weaving. It was a very successful day with plenty of people turning up to participate.

We have launched a monthly bus service to Cairns in conjunction with Pharaoh Care. The cost is \$10.00 return per person. The bus will leave the Port Douglas Neighbourhood Centre on the last Thursday of every month at 9.00am and head to Cairns Central, the bus arrives back at 4:30pm. We have 8 seats available including wheelchair access for 1 person. Book at reception.

## Up & Coming Events

The Child Protection Week family fun day will be held on Tuesday 6 September at Rex Smeal Park. This is a great day of free activities, music, food and fun for kids aged 0-5.

The launch of the Douglas Grass & Roots Volunteer Network will be held on Tuesday 13 September at the Sugar wharf; this event will be held in conjunction with Douglas Shire Council as part of our work with Volunteering Queensland

## What's On

**Mon: Play Group: 0-5**

9.30am-11.30 am

**Tues: Play Group 0-5**

9.30am-11.30am

**Tai Chi for all abilities**

1-hour appointments 1.00pm-

4.00pm

**Weds: Walking Group meets @**

the life guard tower 6.30am

**Men's Breakfast 8.30am-**

10.00am

**Play Group 0-5**

9.30am-11.30pm

**Fortnightly Foodies**

11.00am-12.00pm

**Get Creative Arts & Crafts**

1.00pm-3.00pm

**Thurs: New Parents Group**

Walking Age

10.00am-12.00pm

**Child & Mental Health Nurse**

9.00am-12.00pm

Appointments 4084 1200

**Original Book Club Monthly**

**\$10 return bus to Cairns**

Monthly

**Fri: Boomerang Bags:**

9.30am-11.30pm

**Table Tennis @ Community**

Hall 1.00pm-3.00pm

**Page Turners Book Club**

Monthly

## Volunteers Needed

Retail and sorting work @  
The NicNak Shed.

Reception /admin

Playgroup assistant

Call 4099 5518 or 0447 981  
101 to chat about these  
opportunities.

## NicNak Shed Fashion Parade 2022

The Annual Fashion Parade was once again held at the Palmer Sea Reef Golf Club on Saturday August 13.

The parade was a huge success thanks to help from Jacki & Kim who are Jo's right-hand ladies behind the scenes, keeping the show running smoothly and having the models ready on time.

Thanks to LJ for volunteering her time do the models hair and to Jill from "What's on in Port" for taking on MC duties.

Emma & Yvonne sold lots of raffle tickets and Jeanne helped on the door and with selling of clothing after the show.

Our fabulous models Benita, Tracey, Lulu, Alexia, Sarah, Nathan, Jake, Dana, Serena & Vashnee were all absolutely fabulous, their style & personalities made for a fun show.

Thanks to Uptown Hire for the Catwalk, Wicked Willies for the fabulous door prize and the local businesses that donated prizes for the raffle, Palmer Sea Reef Golf Club, Port Douglas Boat Hire & The Iron Bar.

Feedback from people that attended included "Best Fashion Parade Ever", "definitely be going again next year", "Best day I have had in a long time in Port Douglas".

This fabulous event raised over \$2500 for the work of the Port Douglas Community Service Network Inc.



## Bus Trip to the Movies

Belinda took 8 people to Cairns Central for a spot of shopping and lunch before watching "Where the Crawdads Sing". The movie had some amazing scenery and an interesting twist at the end. One attendee said she thought that the movie was as good as the book. A big thank you to Shane from the Mt Molloy Hotel for donating his time and courtesy bus for us to enjoy such a trip.

## Volunteer News

Jeffrey is the new Chatty Café Volunteer for Thursdays.

Susan has commenced volunteering in the NicNak Shed.

Tanya and her team of volunteers have been screen printing and sewing shopping bags to be given away at the Douglas Shire Grass & Roots Volunteer Network launch..

We welcomed George as a new Men's Breakfast volunteer.

As we waved volunteers Stuart and Margot off on a 4 month road trip, Bruce took over as our Tuesday afternoon receptionist and OzHarvest volunteer.

## Coles & Second Bite

Peter and Geoff met with Second Bite and Coles to improve rescue food donation and pick up processes. The outcome has been more quantity and quality donations including meat, fruit and vegies and more consistent donations of bread.



**A reminder that bread is now available from 3pm Tuesday & Thursday and Wednesday and Friday all day.**



We have partnered with Good Shepherd to participate in the Queensland Financial Resilience Program pilot as one of the 20 priority areas chosen across Queensland. Our long time NILS worker, Megan Blacklow commenced in the role as Financial Resilience Worker in May 2022 and works supporting and assisting clients to build financial capability and offer support when community members are experiencing financial challenges. The service includes financial counselling, budgeting and financial resilience, and assistance to access the No Interest Loan Scheme (NILS). Please call the Port Douglas Neighbourhood Centre on 4099 5518 or drop in if you think you may benefit from this program.

## Staff News

Theresa Paulger commenced work on Tuesday 16 August as our new relief worker. Theresa has many years' experience in retail and as a teachers aid and will back fill Erin and Jo when they take leave.



As featured in our Fortnightly Foodies activity every second Wednesday at 11am, give this delicious **Goey Raspberry Spoon Cake Recipe** a try.

### Ingredients

2 cups frozen raspberries

1/3 cup raspberry jam

2 cups SR flour

2/3 cup caster sugar

200g butter, melted/cooled

1 cup milk

1 egg, lightly beaten

180g block white chocolate, broken into pieces

### STEP 1

Preheat oven to 180C or 160 fan-forced, grease a 5cm deep, 21cm x 29cm ovenproof dish

### STEP 2

Place raspberries and jam in a microwave-safe bowl. Microwave on HIGH for 1 min or until raspberries soften slightly. Using a fork, mash raspberry mixture until pulpy, keeping some raspberries whole.

### STEP 3

Combine flour and sugar in a large bowl, make a well. Add butter, milk and egg, mix well to combine. Fold in white chocolate. Spoon mixture into prepared dish.

Level with a spatula  
Drizzle with ¾ of the raspberry sauce

### STEP 4

Bake for 40 to 45 mins or until top is golden and firm to touch. Stand for 10 mins, drizzle with remaining raspberry mixture. Top with vanilla ice-cream and dust with icing sugar.

# Family Fun Day

Tuesday 6<sup>th</sup> September 10am to 1pm @ Rex Smeal Park Port Douglas

## Free Community Event



*Lots of free activities for children aged 0-6*

*Information & Giveaways*

*Petting Zoo*

*Live Music by Seachange*

*Sausage sizzle & Ice creams*

*Jumping castle*

*Face Painting & much more*



*Bring along a picnic mat and come on down for a great day of family fun!*

U3A Douglas Shire and  
Port Douglas Neighbourhood Centre

## Table Tennis

Port Douglas Community Centre  
– back hall near the library

Friday afternoons  
1 pm – 3 pm

Bats, balls provided.  
Wear tennis shoes or runners.

Contact: Liz Kendall  
[ekendall56@gmail.com](mailto:ekendall56@gmail.com)

0431 038 414

